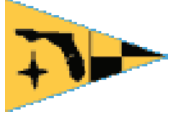




Prevailing Wind



Lakeland Sail and Power Squadron
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Education Officer:
Lt/C Judy Larson, AP

Admin. Officer:
Lt/C Tom Larson, AP

Secretary:
Lt/C Cynthia Valich, S

Treasurer:
Lt/C Nancy Hall, P

The "Prevailing Wind" is the official publication of the Lakeland Sail and Power Squadron and is published monthly. All members are encouraged to submit articles, information of personal interest, and photographs of squadron activities to be considered for publication. Please send your submittal to:

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Lakeland Sail and Power Squadron, Inc.

A Unit of the United States Power Squadrons®

America's Boating Club®

Boating is fun... we'll show you how

December 2009



Commander's Message

Cdr. Mike Hall, AP



Thanksgiving is in the rear view mirror, and shopping season is in full swing. Stay safe out there as you do your Christmas shopping!

Our annual Christmas dinner is almost here, Tuesday, 8 December at Zohra's Restaurant on Lake Wire in Lakeland. We will be having a Chinese gift exchange, max. \$10.00, which is always a lot of fun. If you do not know what that is, the rules will be explained before we start. We will also be collecting toys for the Toys for Tots campaign. So, if you wish to participate, bring a new, unwrapped toy for this important project. If you have not as yet made your intentions or menu choice known, please contact Tom or Judy Larson at 863-393-6889 so they can give an accurate count to the restaurant. Please plan to be there.

This will not only be a fun evening, but we will also have a slate of officers to elect for next year as well. I promise to keep the business portion as short as possible.

Our annual Change of Watch is scheduled for Saturday, 23 January, 2010 at the Lakeland Yacht and Country Club. There will not be a regular member meeting in January, however, there will be a Bridge/Executive Committee meeting on Tuesday, 12 January, 2010. The meeting will be held at the home of

Con't - **Commander's Message** - page2

This Month's Activities

- Dec 8 **LSPS Annual Christmas Dinner**
Zhora's Restaurant
(see Admin. Officer's article)
- Jan 12 **LSPS Bridge and Exec Committee**
1800
Home of Tom and Judy Larson
2471 Laurel Glen, Lakeland
- Jan 23 **LSPS Change of Watch**
CashBar - 1800, Dinner - 1900
Lakeland Yacht and Country Club
- March 5-7 **Orange Cup Regatta**
Lake Hollingsworth, Lakeland

Tom and Judy Larson, 2471 Laurel Glen Dr. The meeting will commence at 1900. Attendees will include members of the outgoing, as well as members of the newly elected Bridge/Executive Committee. Please let Tom or Judy know your intentions, so they can give your name to security, and provide you with directions, if needed.

Thanks to all who worked at the Roar' N' Soar fundraising event in November. The crowd and business was pretty good on Saturday. But the weather worsened on Sunday and kept a lot of people at home. Again, a very special "Thank You" to Bob Beckner and P/C John Valich for their great efforts in organizing, and preparing food for this event. The Squadron Treasurer should have the financial report ready for the Christmas Dinner.

Bob Beckner, D/Lt/C Dick Littrell, and I spent Thursday, 12 November serving beer at the Marine Supply of Winter Haven's Salt Water Tackle Expo. There was no cost to the Squadron, and we collected \$313.87 in donations for the Squadron Treasury. We were able to talk to a few people about the Squadron, and handed out some literature. We even saw several people who have gone through one of our previous classes. Marine Supply has indicated we will be asked back the next time, and we look forward to their next event.

At the time of this writing, several of our members are returning from a boat trip to St. Augustine. Nancy and I were supposed to go, but we both came down with some kind of flu bug, and are at home recuperating while watching a PBS fundraiser featuring 60's rock 'n' roll. We hope that none of you get the flu, but if you do, that it is of a short duration. Hope to see you all at the Christmas Dinner at Zohra's.

Scenes from LSPS and Winter Haven Nautical Club cruise to St. Augustine November 27 -29



Cruisers relaxing over lunch at the Florida Cracker Cafe



D/Lt/C Dick Littrell and his wife Jackie enjoy a toast from LSPS and Winter Haven Nautical club members in honor of their 50th wedding anniversary which was October 17.



P/C John Valich and crew aboard *Mental Floss* navigate under a draw bridge enroute to St. Augustine on the Intracoastal Waterway.



Administrative Officer

Lt/C Tom Larson, AP

The year is down to one month left, and what a month....December. Everyone will be bust getting ready for the holidays, and we have one great activity left for the year...the Christmas Party. It should be a blast! Call and sign up NOW!

December 8 – Christmas Party: Don't miss this year's Christmas Party / meeting. Join us for a great meal in a private dining room at Zohra's in Lakeland. You have four choices for a fixed price. For \$25.00 per person, you can get a salad, entree, desert, and non-alcoholic beverages. Choices of entrees are:

- ❖ Grouper w/Picatta Sauce
- ❖ New York Strip Steak w/Burgundy Demi Glaze
- ❖ Pecan Encrusted Chicken
- ❖ Chicken Marsala



You can also order from the menu if you want to try something else. Beer and Wine are also available.

If you want to learn more about Zohra's, go to zohraslakeside.com.

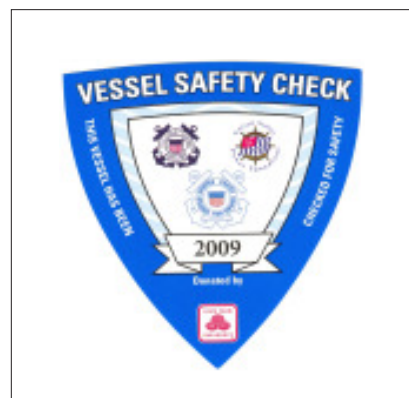
Please make sure you let us know you are coming to the dinner. We'll need to give them a head count 4 days in advance. Please **call Judy Larson at 863-393-6897**.

Also, we'll be doing a White Elephant gift exchange. Bring a gift valued at less than \$10 for this swap.

This is going to be a great evening...don't miss it!

Burgees: We have just received a new shipment of the Lakeland Sail and Power Squadron Burgees. Cost is \$20. If you would like to purchase a Burgee, please call or email Tom at 863-393-6896, tom@ona-gwynne.com.

Contact P/C John Valich, P, P/C Fred Guard, AP, or D/Lt/C Dick Littrell, JN, for your free vessel safety check.



You are cordially invited to attend the

Lakeland Sail & Power Squadron Change of Watch 2010

Friday, 6 February 2010

Lakeland Yacht & Country Club 929 Hollingsworth Drive Lakeland, Florida

Cash Bar - 1800

Dinner - 1900

Buffet Menu

Two entrees: Sliced roast top sirloin of beef with garlic and rosemary jus
Stuffed chicken breast
Two vegetables, fruit tray, assorted salads, dessert, coffee and tea

\$20.00 Per Person

USPS Members Dress: Uniform "A" with bow tie or business suit

Please respond by 30 January 2010 to

**Lt/C Nancy Hall. S
P.O.Box 1992
Lakeland, FL 33802-1992**

(Please send form with check payable to Lakeland Sail & Power Squadron)

Name(s), Rank, Grade _____

Squadron _____

Number in Party _____ Amount of Check _____



Lakeland Sail & Power Squadron
P.O. Box 1992
Lakeland, Florida 33802-1992

TO: CDR Mike Hall AP

Nov 10, 2009

FROM: Dick Littrell JN
Nomination Committee

Nominations for 2010 year

COMMANDER	Dick Littrell JN
EXEC OFFICER	Fred Guard AP
EDUCATION OFFICER	Judy Larson AP
ADMINISTRATIVE OFFICER	Joe McDonough P
SECRETARY	Cindy Valich S
TREASURER	Linda McDonough P
ASST EDUCATION OFFICER	Nancy Hall P
MEMBER AT LARGE	Bob Beckner
MEMBER AT LARGE	Arthur Rowbotham
MEMBER AT LARGE	Bonnie Rowbotham

DID YOU KNOW...?

- * 38% of all water-related fatalities involve boats.
- * 71% of these fatalities involve recreational boats
- * Of this 71%, 53% involve small powerboats; 30% involve canoes

Conclusion: Small, open boats continue to be the type of craft most involved in fatal boating accidents

- * Young adult males, 18 to 24 years of age, have the highest preventable water-related death rate, mostly due to alcohol consumption and not wearing a Personal Flotation Device.
- * Drowning is one of the leading causes of accidental death among those under 55 years of age.
- * Only 10% of boating-related drowning victims were wearing an approved flotation device properly.

Conclusion: Drinking and not wearing a PFD are major safety concerns.

* Pleasure craft account for more than 50% of the average reported 6,000 Search and Rescue incidents.

Conclusion: Better boating education and safety practices are required to reduce the number of incidents and reduce both health care and rescue costs

www.lakelandsailandpower.info

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